www.etsy.com/uk/shop/SeyhallCrochetDesign

Zig Mesh
Muscle Top

Size	**Medium**	**Large**	**XL**
Waist	96cm / 38"	108cm / 42½"	124cm / 49"
Length	71cm / 28"	71cm / 28"	71cm / 28"
	See page two for size adjustments		
Yarn			
King Cole Vogue DK 50g (1.8oz), 103m (113yds)	x 5	x 5	x 6
If making striped version	Willow (2124) x 5 Pale Denim (2120) x 1	Willow (2124) x 5 Pale Denim (2120) x 1	Willow (2124) x 6 Pale Denim (2120) x 1

There is no Tension guide for this pattern. The item stretches a lot and it is impossible to gauge.

Equipment   4.5mm Crochet Hook,

Large eye needle

US Crochet Terms

Abbrevs:

ch	chain	spc	space
sl st	slip stitch	st	stitch
sc	single crochet	sk	skip
hdc	half double crochet	rpt	repeat
dc	double crochet		
[ ]	guidance	( )	instructions

Ch 3 turns count as one dc
Ch 2 and Ch 1 turns do not count as a stitch

Sizing

If you follow the pattern as written then you should create a top with the following measurements

Neckline to shoulder
14cm/5½"

Waist to Neckline
29cm/11½"

Total Length
71cm/28"

Waist section
28cm/11"
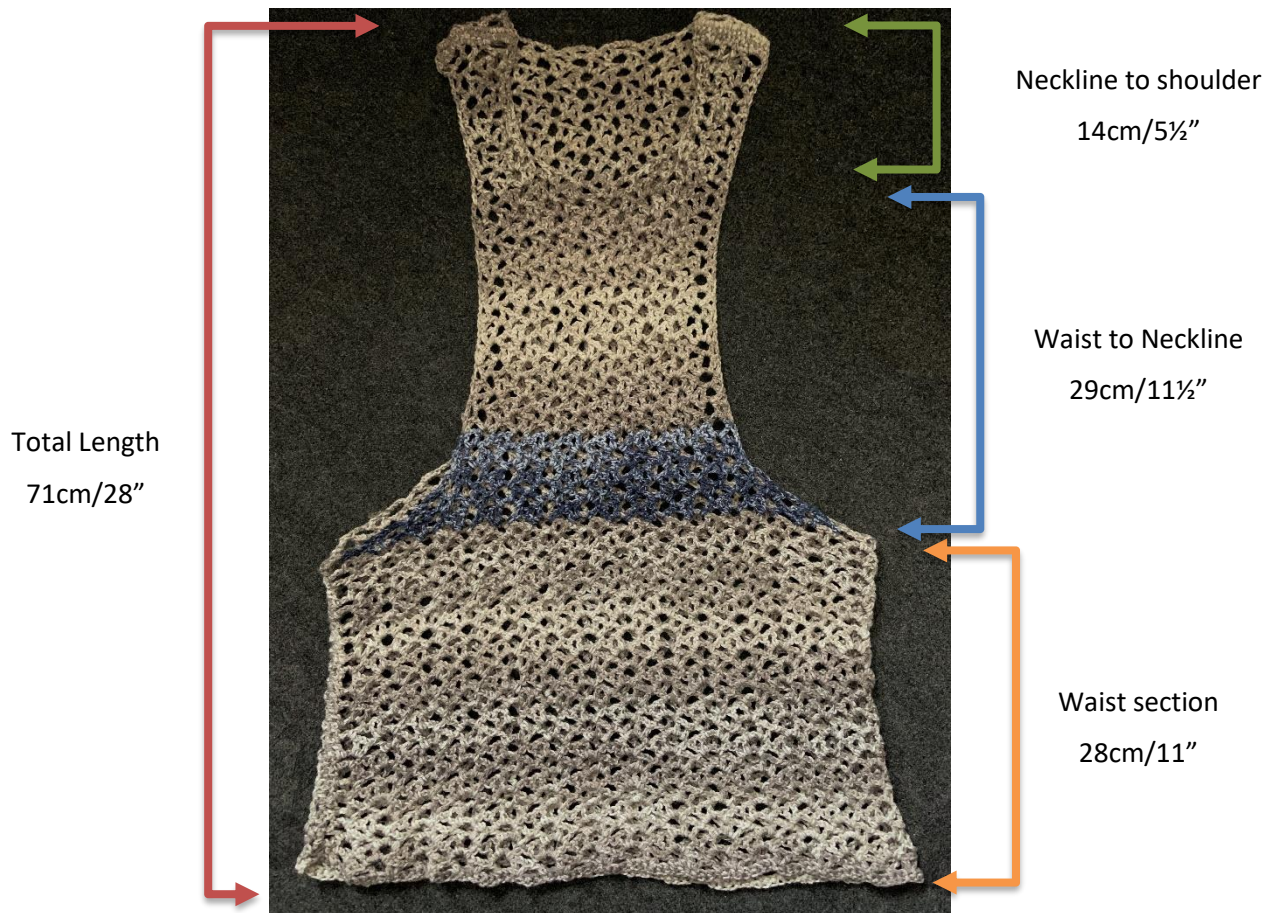
There are suggestions for places to increase the length

There are three sizes for the waist piece, measuring around the hips.

Medium   96cm/38"

Large   108cm/42½"

XL   124cm/49"

Follow the colour coded counts for the size you are making

Remember, all sizes are VERY approximate

Front

[If making stripe seen in pictures then start with Colour 1 (Willow)]

ch **87 (99, 111)**

starting in second ch from hook, sc **86 (98, 110)**, turn

R 1: ch 3, sk 2 st, * (dc 1, ch 2, dc 1) in next st, ch 5, sk 1 st, dc 1, sk 3 st *, rpt * to * **twelve (fourteen, sixteen)** more times, (dc 1, ch 2, dc 1) in next st, ch 5, sk 1 st, dc 1, sk 1 st, dc 1 in last st, turn

R 2: ch 3, (dc 1, ch 5, dc 1) in first 5 ch spc, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * **twelve (fourteen, sixteen)** more times, (dc 1, ch 2, dc 1) in last st, turn

R 3: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * **thirteen (fifteen, seventeen)** more times, dc 1 in last st, turn
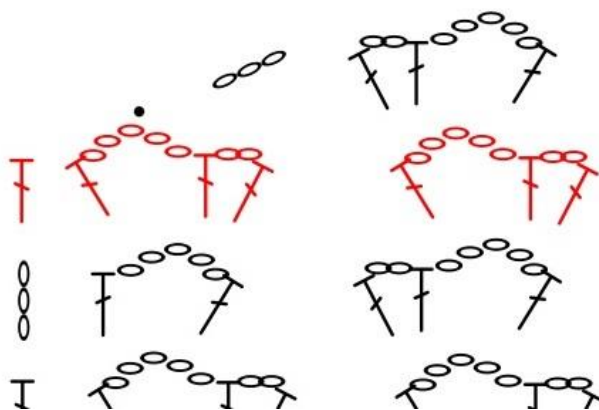
R 4 – R 21: rpt R 2 and R 3 nine more times

Tie Off and Cut Yarn

[if making the stripe seen in pictures, then start using Colour 2 (Denim)]

> Length of section around waist is approx. 28 cm. Add pairs of rows here to increase length around the waist. Always add pairs of rows so you end on the same side as the written pattern. Each pair adds approx. 3 cm.
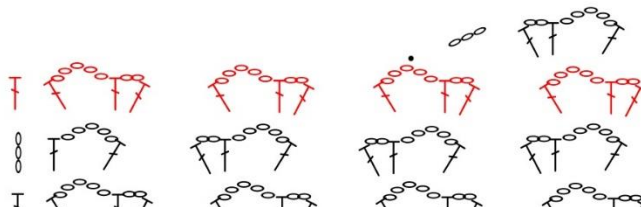
Medium – Reattach yarn in **first** 5 ch spc

Large – Reattach yarn in **second** 5 ch spc
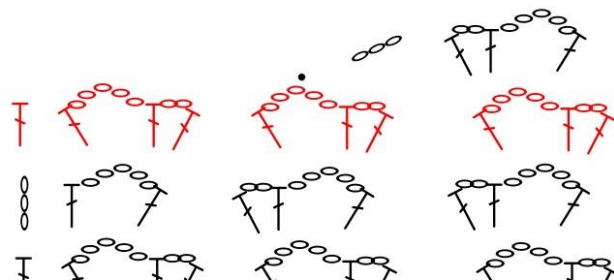
XL – reattach yarn in **third** 5 ch spc

All sizes are now the same number of repeats

R 22: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * eleven more times, dc 1 in next 5 ch spc, turn

R 23: ch 1, sk first st, sl st 1 in next dc, sl st 4 in 5 ch spc, ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * nine more times, dc 1 in next 5 ch spc, turn

R 24: ch 1, sk first st, sl st 1 in next dc, sl st 4 in 5 ch spc, ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * seven more times, dc 1 in next 5 ch spc, turn

R 25: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * seven more times, dc 1 in last st, turn [last st is top of 3 ch at start of last row]

R 26: ch 3, (dc 1, ch 5, dc 1) in first 5 ch spc, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * six more times, (dc 1, ch 2, dc 1) in last st, turn

[if making stripe, change to Colour 1 (Willow)]

R 27: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * seven more times, dc 1 in last st, turn [last st is top of 3 ch at start of last row]

R 28 – R 39: rpt R 26 and R 27 six more times

R 40: rpt R 28

> Length of section from waist to neckline is approx. 29 cm. Add pairs of rows here to increase length. Always add pairs of rows so you end on the same side as the written pattern. Each pair adds approx. 3 cm.

Neckline 1

R 41: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * two more times, dc 1 in next 5 ch spc, turn

R 42: ch 1, sk first st, sl st in next dc, 2 sl st in 2 ch spc, sl st in next dc, 4 sl st in 5 ch spc, ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * one more time, (dc 1, ch 2, dc 1) in last st, turn

R 43: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * one more time, dc 1 in last st [last st is top of 3 ch at start of last row], turn

R 44: ch 3, (dc 1, ch 5, dc 1) in first 5 ch spc, (dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc, (dc 1, ch 2, dc 1) in last st, turn

R 45: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * one more time, dc 1 in last st, turn

R 46 – R 49: rpt R 44 and R 45 two more times

R 50: ch 1, sc 20 [1 sc in each dc, 4 sc in each 5 ch spc, 2 dc in each 2 ch spc, 1 sc in last st]

Tie Off and Cut Yarn

Neckline 2

Return to R 41. Reattach yarn in next free 5 ch spc

R 41 cont.: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * two more times

R 42: ch 3, (dc 1, ch 5, dc 1) in next 5 ch spc, (dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc, dc 1 in next 5 ch spc, turn

R 43: ch 3, (dc 1, ch 5, dc 1) in next 5 ch spc, (dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc, dc 1 in last st, turn

R 44 – R 48: rpt R 43 five more times

R 49: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * one more time, dc 1 in last st, turn

R 50: ch 1, sc 20 [1 sc in each dc, 4 sc in each 5 ch spc, 2 dc in each 2 ch spc, 1 sc in last st]

Tie Off and Cut Yarn

Back

Rpt pattern for Front up to and including R 23

R 24: ch 1, sk first st, sl st 1 in next dc, sl st 4 in 5 ch spc, ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * seven more times, dc 1 in next 5 ch spc, turn

R 25: ch 1, sk first st, sl st 1 in next dc, sl st 4 in 5 ch spc, ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * five more times, dc 1 in next 5 ch spc, turn

R 26: ch 3, (dc 1, ch 5, dc 1) in next 5 ch spc, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * four more times, (dc 1, ch 2, dc 1) in last st, turn

R 27: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * five more times, dc 1 in last st, turn

R 28 – 43: rpt R 26 and R 27 eight more times

R 44: rpt R 26 one more time

R 45: ch 8, dc 1 in same st as turning ch, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * five more times, (dc 1, ch 2, dc 1) in last st, turn

R 46: ch 8, dc 1 in same st as turning ch, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * six more times, turn

Neckline 1

R 47: ch 3, (dc 1, ch 5, dc 1) in next 5 ch spc, (dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc, dc 1 in next 5 ch spc, turn

R 48: ch 3, (dc 1, ch 5, dc 1) in next 5 ch spc, (dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc, dc 1 in last st, turn

R 49: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * one more time, dc 1 in last st, turn

R 50: ch 1, sc 20 [1 sc in each dc, 4 sc in each 5 ch spc, 2 dc in each 2 ch spc]

Neckline 2

Rtn to R 47. Leave two 5 ch spcs unused in centre of neckline. Reattach yarn in next 5 ch spc

R 47 cont.: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to *one more time, turn

R 48: ch 3, (dc 1, ch 5, dc 1) in next 5 ch spc, (dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc, dc 1 in last st, turn

R 49: ch 3, *(dc 1, ch 2, dc 1, ch 5, dc 1) in next 5 ch spc*, rpt * to * one more time, dc 1 in last st, turn

R 50: ch 1, sc 20 [1 sc in each dc, 4 sc in each 5 ch spc, 2 dc in each 2 ch spc]

Tie off and Cut Yarn

Join Front and Back by placing together, right sides inside.
Sew the side seams and along the shoulder seams.